



# Emergency Supplies List

There are basic items you should stock in your home in case of emergencies: water, food, first aid supplies, clothing and bedding, tools and emergency supplies and special items. Keep the items that you would most likely need during an evacuation in an easy-to-carry, secure container.

## For your family:

- ✓ **Water** - at least 1 gallon daily per person for 3 to 7 days
- ✓ **Food** - at least enough non-perishable food items for each person for 3 to 7 days
- ✓ **First Aid Kit** - Assemble a first aid kit for your home and one for each car including:
  - Adhesive bandages, various sizes
  - Sterile dressings and gauze pads, various sizes
  - Gauze and cohesive bandage rolls
  - Alcohol-based hand sanitizer
  - Antiseptic wipes
  - Latex-free gloves
  - Adhesive tape
  - Anti-bacterial ointment
  - Cold pack
  - Scissors and tweezers
  - Thermometer
  - Safety pins and needles
  - Sunscreen
  - CPR breathing barrier
  - Anti-bacterial soap
- ✓ **Medicines** - Stock in your first aid kit, a supply of common non-prescription medications such as:
  - Aspirin or non aspirin pain reliever
  - Anti-diarrhea medication
  - Antacid
  - Laxative

- ✓ **Prescription Drugs** - Keep a supply on hand of prescription drugs and other special needs health items such as:
  - Current prescription medications for all family members
  - Insulin
  - Denture needs
  - Extra eye glasses or contact lenses and supplies
  - Prescription inhalers or nebulizers
  - Personal adaptive equipment such as braces, crutches or canes

- ✓ **Clothing** - Have a bag packed with a complete change of seasonally-appropriate clothing and footwear for each person. Other items include:
  - Rain gear
  - Sunglasses

- ✓ **Bedding** - Keep bedding supplies in a waterproof container/bag.
  - Blankets and sleeping bags
  - Pillows

- ✓ **Tools and Emergency Supplies**
  - Battery-operated radio
  - NOAA alert radio
  - Flashlights- do not stock candles which are the source of many fires
  - Extra batteries
  - Paper cups, plates and plastic utensils
  - Manual can opener or utility knife
  - Small fire extinguisher
  - Small, basic hand tool set
  - Duct tape
  - Compass, local map or electronic navigation device
  - Matches in a waterproof container
  - Signal flare
  - Wrench to turn off household gas and water
  - Plastic sheeting
  - Sanitation items such as soap, liquid detergent, toilet paper, moist towelettes, plastic garbage bags, disinfectant and chlorine bleach.
  - Blue ice or artificial ice
  - Personal and feminine hygiene supplies
  - Plastic bucket with tight lid
  - Plastic tarps
  - Insect repellent

## For your home:

- Portable generators
- Storm shutters
- Generator cord
- Storm shutter accessories
- Garage door brace
- Carbon monoxide detector

## For your car:

- Flashlight with extra batteries
- First aid kit
- Maps
- White distress flag and flares
- Tire repair kit
- Jumper cables, tire pump and jack
- Full tank of gas with extra gas can

## For your baby:

- Formula
- Diapers
- Bottles
- Powdered milk

## For your pets:

- Proper Identification
- Immunization records
- Supply of food and water
- Pet carrier or cage with bedding
- Medications
- Muzzle, leash and collar
- Grooming supplies
- Waste bags
- Cat litter/box

## Other misc. items:

- I.D. and Insurance info
- Important phone numbers